

The role of the purinergic system in the acupuncture-induced analgesia

O papel do sistema purinérgico na analgesia induzida pela acupuntura

André Prato Schmidt^{1,2}, Sérgio Renato Guimarães Schmidt¹

DOI 10.5935/2595-0118.20210034

ABSTRACT

BACKGROUND AND OBJECTIVES: Musculoskeletal disorders and acute and chronic pain are the main causes of disability. Acupuncture is a safe and well-tolerated treatment, and the understanding of the physiological basis of its effectiveness in the management of acute and chronic painful conditions is growing. The objective of this study was to describe the main components of the purinergic system involved in the acupuncture-mediated analgesia.

CONTENTS: Review the literature relevant to the terms “acupuncture”, “purinergic system”, “purines”, “pain” and “analgesia” found on the Pubmed platform.

CONCLUSION: Several previous studies have shown relevant roles of purines and their derivatives on acupuncture-mediated analgesia, displaying promising results in the knowledge of the potential biological benefits of acupuncture. New experimental and clinical studies are warranted to further investigate the purinergic mechanisms involved in the acupuncture-mediated analgesia, addressing potential therapeutic benefits of acupuncture in different clinical settings.

Keyword: Intractable pain, Pain, Purines.

RESUMO

JUSTIFICATIVA E OBJETIVOS: Os distúrbios musculoesqueléticos e a dor aguda e crônica são as principais causas de incapacidade. A acupuntura é um tratamento seguro e bem tolerado, e o entendimento sobre a base fisiológica de sua eficácia para o tratamento de quadros dolorosos agudos e crônicos está crescendo. O objetivo deste estudo foi descrever os principais

componentes do sistema purinérgico envolvidos na analgesia mediada pela acupuntura.

CONTEÚDO: Revisar a literatura pertinente aos temas “acupuntura”, “sistema purinérgico”, “purinas”, “dor” e “analgesia” encontrados na plataforma Pubmed.

CONCLUSÃO: Diversos estudos prévios têm evidenciado efeitos relevantes das purinas e seus derivados na analgesia mediada pela acupuntura, demonstrando resultados promissores no conhecimento dos potenciais benefícios biológicos da acupuntura. A ampliação da investigação dos mecanismos purinérgicos envolvidos na acupuntura deverá ser garantida por meio de novos estudos experimentais e clínicos, abordando potenciais benefícios terapêuticos da acupuntura em diversos cenários clínicos.

Descritores: Dor, Dor intratável, Purinas.

INTRODUCTION

Acupuncture is a form of treatment coming from Traditional Chinese Medicine (TCM) and has gained a lot of popularity in the western world^{1,2}. Today, acupuncture refers to a family of procedures involving physical or chemical stimulation at specific body points, using a variety of techniques with the objective of healing a medical condition or promoting health. Are present in this overview several types or subtypes of techniques, such as manual acupuncture by inserting needles into the cutis/subcutis and moving/twisting them at regular intervals, electroacupuncture by stimulating these needles through different frequencies of electric current, and moxibustion, the method of burning cone-shaped preparations, the moxa, positioned above the acupuncture points^{1,2}.

Acupuncture has been used in the treatment of a wide variety of diseases, with particularly high efficiency for relieving conditions of pain³⁻⁶. An estimated 3 million American adults receive acupuncture treatment each year, and chronic pain is the most common presentation. Although there are multiple previous studies indicating the potential benefit of acupuncture treatment for pain, there is still a lot of debate over its clinical efficacy for the treatment of painful syndromes, thus, it's specially important to produce and study new clinical and experimental evidence on the subject. Acupuncture is known to have relevant analgesic effects, but there is no definitive evidence on the mechanism by which it could have persistent effects in treatment of acute and chronic pain. Although initially developed as part of TCM, some contemporary acupuncturists, particularly those with medical qualifications, acupuncturists, seek to understand acupuncture in physiological terms, without reference to premodern concepts. The purinergic system is composed of purine bases, such as adenine and guanine, and their nucleotides and nucleosides deriva-

André Prato Schmidt – <https://orcid.org/0000-0001-5425-2180>;
Sérgio Renato Guimarães Schmidt – <https://orcid.org/0000-0002-0067-9573>.

1. Pain SOS, Mãe de Deus Clinical Center, Porto Alegre, RS, Brasil.
2. Federal University of Rio Grande do Sul, Biochemistry Department, Porto Alegre, RS, Brazil.

Submitted on March 02, 2021.

Accepted for publication on April 16, 2021.

Conflict of interests: none – Sponsoring sources: none

Correspondence to:

André P. Schmidt
Avenida Ramiro Barcelos, 2600-Anexo
90035-003 Porto Alegre, RS, Brasil.
E-mail: aschmidt@ufrgs.br

© Sociedade Brasileira para o Estudo da Dor

tives, which are molecules widely distributed inside and outside the cells of living organisms. These molecules are responsible for acting in several biological functions, such as in the construction of DNA and RNA (adenine and guanine), in the biochemical pathways involved in cellular energy metabolism (ATP), and in the intracellular signal transduction mechanisms as secondary messengers (cAMP and cGMP)⁷⁻⁹. However, in the last 20 years, several works have showed the fundamental role of these molecules in the extracellular space on homeostasis⁸⁻¹⁰. In the transmission of pain, various studies have showed that the purines, specially adenosine and ATP, exert multiple influences in central and peripheral locations^{11,12}. Within that context the present study aimed to describe the main available evidence on the role of purines in the acupuncture's mechanism of action, as well as to list potential acupuncture-focused strategies capable of modulating components of the purinergic system in the treatment of acute and chronic pain syndromes.

CONTENTS

An unsystematized, narrative literature review addressing the literature pertinent to the topics "acupuncture," "purinergic system," "purines," "pain," and "analgesia." Databases searched included Pubmed, Medline (Ovid), and Cochrane Central Register of Clinical Trials (Central) platforms.

Biological mechanisms of acupuncture

Acupuncture for pain treatment is essentially a procedure in which fine needles are inserted into specific points of the body and then manipulated with the intention of relieving pain. Several techniques have been described, including manual acupuncture, electroacupuncture, moxibustion, laser acupuncture through acupoints irradiation, and auricular acupuncture¹⁻⁴. Since its development, acupuncture has become a worldwide practice². Western medicine has looked at acupuncture rather skeptically⁴, but it has great acceptance worldwide, including from several health institutions. The World Health Organization has endorsed acupuncture for multiple clinical conditions, for example¹³.

An acupuncture session usually lasts approximately 30 minutes, during which needles are inserted and rotated intermittently or electrically stimulated. The insertion of acupuncture needles alone is not enough to relieve pain¹⁴. The pain threshold is modulated gradually, showing a longer effect than the time in which the treatment is instituted¹⁴. There has been a large number of randomized clinical trials conducted on acupuncture for acute or chronic pain¹⁻⁶. Moreover, several systematic reviews on the application of acupuncture in pain management have also been performed, producing consistent but still limited evidence due to variability in outcomes, heterogeneity, and low quality of some clinical trials^{1,3,4,6,15-19}. Although the analgesic effect of acupuncture is well documented, there is still much controversy about its biological basis and the multiple mechanisms that seem to be involved with it^{14,20-24}.

The main mechanism implicated in the antinociceptive effect of acupuncture involves the release of endogenous opioid

peptides (β -endorphins, enkephalins, and dynorphins) in the central nervous system (CNS) in response to long-term activation of the ascending sensory pathways during stimulation¹⁴. Experiments in rodents and humans have demonstrated that administration of the opioid antagonist naloxone antagonized the analgesic effects of acupuncture¹⁴. Analgesia caused by electroacupuncture with low frequency stimulation was mediated by μ and δ opioid receptors (β -endorphin and enkephalins), while the one caused by high frequency stimulation was mediated by κ opioid receptors (dynorphins)²⁰. An additional study demonstrated that electroacupuncture is associated with the release of endogenous opioids by lymphocytes and other immune system cells in response to tissue inflammation, leading to antinociception through the activation of specific receptors on peripheral nerve terminals²¹.

However, this mechanism alone does not seem to explain several clinical phenomena conventionally related to acupuncture therapy and additional mechanisms must be related, constituting a multifactorial biological basis for the phenomenon²². Acupuncture stimulates cutaneous, subcutaneous, and muscular sensory nerve terminals, causing the release of a variety of neurotransmitters such as noradrenaline, serotonin, acetylcholine, glutamate, GABA, opioid neuropeptides, cholecystokinin, substance P, and somatostatin in the periphery, spinal cord, and encephalus²³. Studies have shown that descending noradrenergic and serotonergic inhibitory pathways originating in the *locus coeruleus* and the raphe nuclei, respectively, and ending in encephalineric interneurons of the dorsal horn of the spinal cord execute the acupuncture-induced analgesia²⁴. More recently, new experimental and clinical studies have proposed additional mechanisms related to the antinociceptive effects of acupuncture, including the potential role of the purinergic system²⁵⁻²⁹.

The role of the purinergic system in pain transmission

Purines can be classified into adenine derivatives (ATP, ADP, AMP, adenosine, adenine) and guanine derivatives (GTP, GDP, GMP, guanosine, guanine), as well as direct metabolites of these derivatives, such as inosine, xanthine, hypoxanthine, and uric acid (Figure 1). The adenine derivatives, especially the ATP nucleotide and the nucleoside adenosine, are considered the main effectors of the purinergic system at the extracellular level^{7,8}. The role of ATP as a neurotransmitter, at central and peripheral levels, is widely established; it's stored and released from presynaptic terminals and acts on P_2 -type receptors^{7,8}. Adenosine also has widely recognized and characterized neuromodulatory effects, as do its substrates³⁰. In addition, purines, especially adenosine, are important modulators of synaptic activity in the CNS, interacting with various systems, such as glutamatergic, dopaminergic, serotonergic and cholinergic^{8,12}.

In the transmission of pain, adenosine and ATP perform multiple influences in peripheral and central locations (Table 1)¹¹. The antinociceptive effects of adenosine are related to the intrinsic inhibition of neurons by increasing conductance to K^+ and presynaptic inhibition of sensory nerve terminals, decreasing the release of substance P and glutamate¹¹. Adenosine, through its agonist action on P_1 receptors (especially the A_1

subtype), attenuates nitric oxide production mediated by the glutamatergic NMDA receptor and is directly related to opioid analgesia (Figure 2)¹¹.

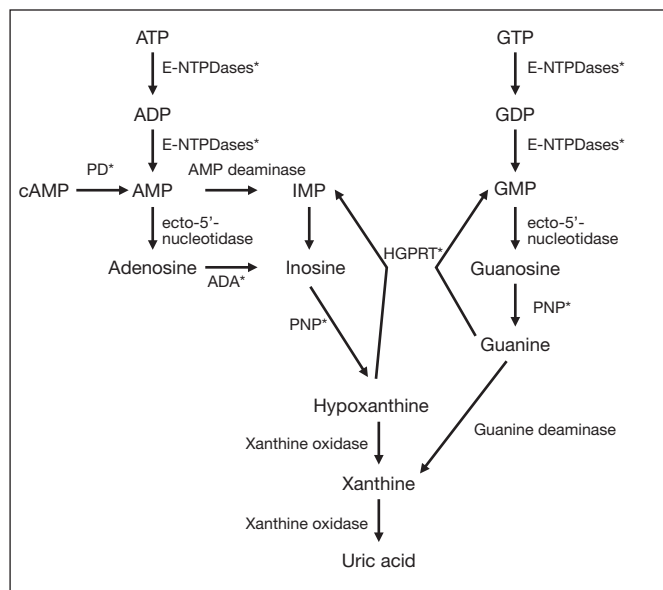


Figure 1. Schematic model of the enzymatic pathways of extracellular purine degradation to adenine and guanine bases
 E-NTPDases* = ecto-nucleoside triphosphate diphosphohydrolase; ADA* = adenosine deaminase; PD* = ecto-phosphodiesterase; PNP* = purine nucleoside nucleoside phosphorylase; HGPRT* = hypoxanthine-guanine-guanine-phosphoribosyltransferase

Table 1. Main purinergic receptors involved in acupuncture-mediated analgesia

- P ₂ X ₃
- P ₂ X ₄
- P ₂ X ₇
- P ₂ Y ₁
- A ₁

ATP is a classical neurotransmitter, but it's also released by non-neuronal cells and injured tissue. It acts on specific purinergic receptors (P₂), which can be subdivided into P₂X and P₂Y that are coupled, respectively, to G protein and ion channels (Figure 2)⁸. In experimental models of neuropathic pain, there is a reduction (after axotomy or partial nerve ligation) or increase (chronic constrictive lesion) of P₂X₃ receptors; however, even in the reduction, the sensitivity of these receptors increases³¹. Blockade of P₂X₃ receptors attenuates thermal and mechanical allodynia in rats³¹. P₂X₄ receptors also increase their expression in microglia after nerve injury and pharmacologic blockade of P₂X₄ reverses allodynia³². P₂X₇ receptors are present on T cells and macrophages. Rats that do not express this receptor are resistant to the development of neuropathic pain³³. On the other hand, P₂Y₁ receptors increase by 70% after sciatic nerve injury in rats and may also be related to the development of conditions of pain³⁴. The evaluation of the potential of the purinergic system in pain modulation is of great importance and in recent years has received signi-

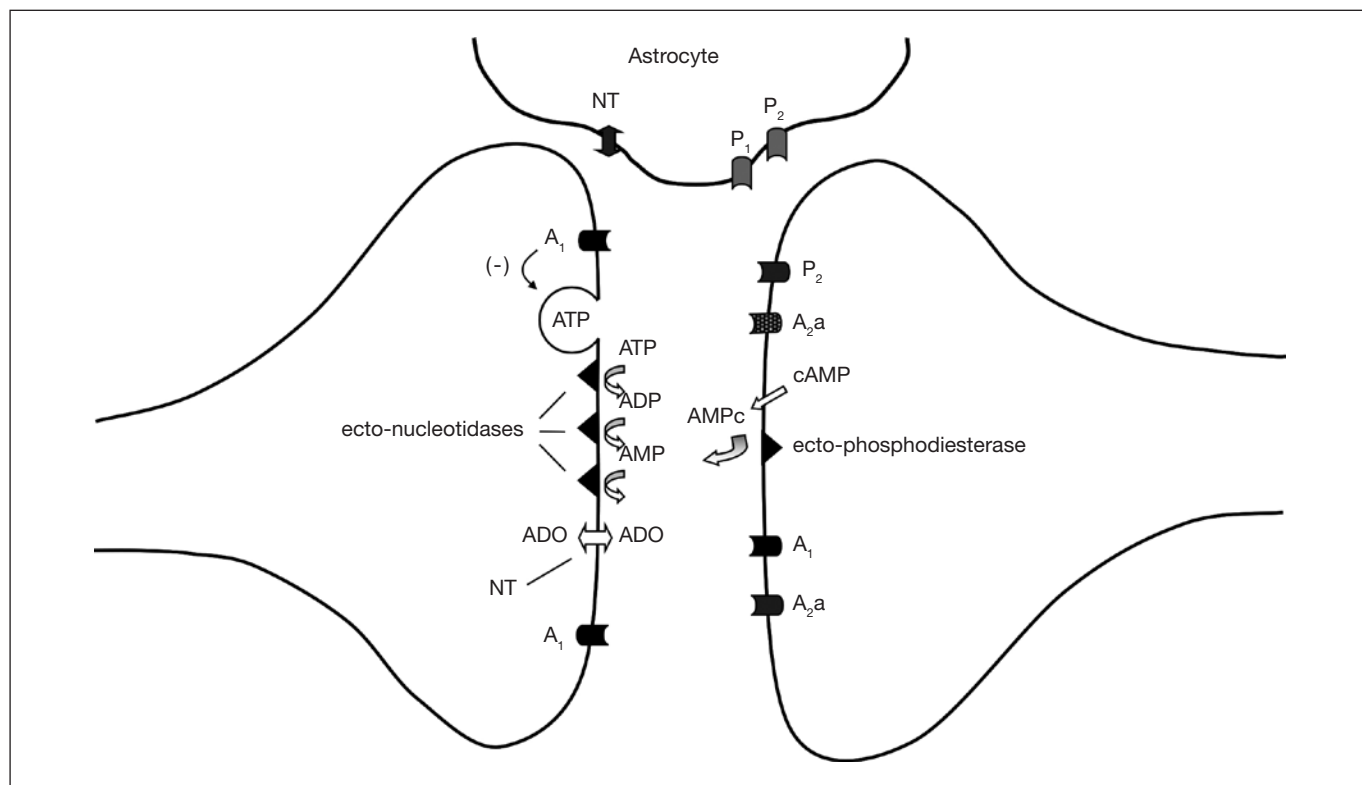


Figure 2. Schematic model of a purinergic synapse
 NT = nucleoside transporter; ADO = adenosine; AMP = adenosine monophosphate; cAMP= cyclic adenosine monophosphate; ADP = adenosine diphosphate; ATP = adenosine triphosphate.

ficant attention in the literature, especially considering that several drugs capable of modulating directly or indirectly the activity of purinergic receptors, such as adenosine, allopurinol, and caffeine, among others, are available for clinical and experimental use^{12,35-39}.

Local release of ATP and adenosine induced by acupuncture

The skin and subcutaneous tissues contain immune cells, mainly mast cells, which play a relevant role in anti-inflammatory responses, angiogenesis, immune tolerance and defense against exogenous pathogens. Due to their location, these cells are highly sensitive to mechanical stimulation. Mast cells contain ATP in significant quantities, and is released as a result of acupuncture^{40,41}. Some recent evidence support the following hypothesis: i. cell-deficient (*c-kit* gene mutation) mice exhibit less analgesia to mechanical stimuli than wild animals⁴¹; ii. mechanical stimuli lead to an increase in the intracellular Ca^{2+} level of mast cells and ATP release dependently from Ca^{2+} ,⁴² iii. non-specific (P_2) or specific antagonists (P_2X_7 or P_2Y_{13}) attenuate ATP release from mast cells; iv. the release of ATP and its various metabolites (ADP, AMP and adenosine) is increased in the interstitium after acupuncture stimulation of the Zusanli point (E36) in mice⁴³.

It's important to highlight that ATP is degraded by ectonucleotidases to AMP, which is subsequently dephosphorylated into adenosine by 5'-nucleotidase⁴⁴. Finally, adenosine is broken down by adenosine deaminase (ADA) to inosine, which has relatively minor effects on adenosinergic receptors. More recently, some studies have shown that 5'-nucleotidase is widely distributed in the body, being an enzyme closely related to the production of adenosine from AMP⁴⁵.

Quantification of extracellular purines in samples collected through microdialysis in the vicinity of acupuncture points revealed that the extracellular concentration of adenosine increases after the release of ATP in the periphery, this nucleotide being dephosphorylated to ADP, AMP, and adenosine by potent ectonucleotidases (Figure 3). As with most other neurotransmitters, adenosine has a short half-life in the extracellular space as a result of uptake facilitated by nucleoside transporters (NT) and concurrent degradation to inosine⁴⁶. After its reuptake, adenosine is rapidly converted to AMP by cytosolic adenosine kinase, facilitating the rapid clearance of adenosine present in the extracellular space and shortening the antinociceptive effects of acupuncture⁴⁷.

A previous study showed that the activity of AMP deaminase is high in muscle and subcutaneous tissues, and that only a fraction of AMP is dephosphorylated to adenosine⁴⁸. Thus, it can be stated that AMP deaminase creates a primary enzymatic pathway for the elimination of extracellular AMP without degradation to adenosine. Consequently, acupuncture associated with pharmacological suppression of AMP deaminase activity increases adenosine availability, increasing the clinical benefits of acupuncture. This same study showed that administering deoxyformycin, an AMP deaminase inhibitor, resulted in increased concentration of adenosine in the extracellular space and caused longer-lasting suppression of chro-

nic pain after acupuncture. Considering these results, it can be strongly inferred that the antinociceptive action of acupuncture is related to the increase in extracellular adenosine concentration and the activation of A_1 -type adenosinergic receptors located on nerve terminals. Therefore, drugs that can interact with purinergic receptors (especially A_1 subtype) or that modulate adenosine metabolism can enhance the clinical benefit of acupuncture⁴⁸.

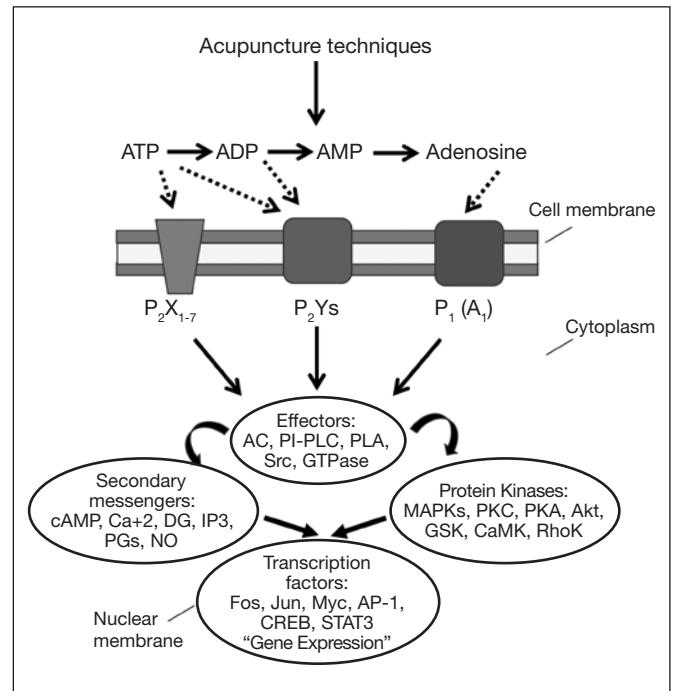


Figure 3. Purinergic mechanisms related to the acupuncture techniques for pain treatment^{27,28}

AC = adenylyl cyclase; PI-PLC = phosphatidylinositol-bisphosphate phosphodiesterase; PLA = phospholipase A; Src = Src tyrosine kinase; cAMP = cyclic adenosine monophosphate; DG = diacylglycerol; IP3 = inositol-trisphosphate; PGs = prostaglandins; MAPKs = mitogen-activated protein kinase; PKC = protein kinase C; PKA = protein kinase A; Akt = protein kinase B; GSK = GS protein kinase; CaMK = Ca^{2+} /calmodulin-dependent protein kinase; RhoK = Rho-associated protein kinase; CREB = cAMP response element binding protein; STAT3 = signal transducer and activator of type 3 transcription.

Alternatively, TRPV₂ channels may also be, at least partially, related to the antinociceptive effects of acupuncture, since they respond to mechanical stimulation and noxious heat (>52°C) by triggering a nonselective cation current⁴⁹. Apparently, activation of TRPV₂ receptors allows extracellular Ca^{2+} to cross the mast cell membrane and cause the degranulation of stored constituents, such as histamine and ATP itself, later degraded into adenosine. Consequently, these mast cell products can cause analgesia, with histamine acting via release of β -endorphin in the cerebrospinal fluid⁵⁰ and adenosine acting on its own, activating inhibitory A_1 receptors located in the peripheral terminals of the dorsal horn neurons of the spinal cord. Finally, the recently discovered Piezo₁ receptors may also be the immediate sensors to the mechanical stimulus resulting from acupuncture, promoting direct stimulation of the mast cell membrane with similar consequences to the stimuli caused by the previously mentioned vanilloid receptors⁵¹.

Modulation of adenosinergic receptors (A_1) in acupuncture-induced analgesia

A recent study demonstrated that gentle manual rotation of an acupuncture needle inserted at E36 acupuncture point in animals caused increased release of adenosine in the anterior tibial muscle and adjacent subcutaneous territory, an event demonstrated by microdialysis and high-performance liquid chromatography (HPLC) techniques²⁹. The concentration of adenosine increased approximately 24 times and slowly returned to baseline levels. Interestingly, local application of an A_1 adenosinergic receptor agonist (2-chloro-N6-cyclopentyl-adenosine; CCPA) directly at E36 acupuncture point caused inhibition of mechanical and thermal allodynia induced by injection of Freund's complete adjuvant (CFA) into the right paw of rodents⁵².

The relatively high extracellular concentrations of ATP metabolites after acupuncture in experimental models probably represent the rapid enzymatic degradation of ATP promoted by ectonucleotidases. Several evidence have indicated that blocking the ADA enzyme by increasing the concentration of adenosine after acupuncture increased the analgesic effect in both inflammatory and neuropathic pain models²⁷.

Prostatic acid phosphatase (PAP) causes the degradation of AMP to adenosine and its administration at the B40 acupuncture point (Weizhong) in the popliteal fossa, located close to the E36 point, resulted in long-term analgesia against noxious mechanical and thermal stimuli after CFA injection into the hind paw of mice. The analgesic effect seems to be related to an increase in the local concentration of adenosine and the subsequent stimulation of neuronal A_1 -type adenosinergic receptors located near the acupuncture point. Antinociception through PAP can be potentiated transiently with additional substrate (e.g. AMP) or blocked temporarily by specific A_1 receptor antagonists such as 8-cyclopentyl-1,3-dipropylxanthine (CPX). The strong analgesic effect of PAP has been previously documented in mouse models of inflammatory and neuropathic pain after its subarachnoid injection⁵³.

Modulation of P_2X and P_2Y purinergic receptors in acupuncture-induced analgesia

Considering the studies previously cited in this review, evidences indicate that the acupuncture-related effect of adenosine is likely due to local stimulation of A_1 receptors located on peripheral nerve terminals and in neurons of the dorsal root ganglion of the medulla. In contrast, ATP is released through multiple noxious stimuli and is expected to cause pain by occupying P_2X -type receptors on the same sensory neurons (P_2X_3)⁵⁴ or on neighboring macrophages (P_2X_4 ; P_2X_7)⁵⁵. In case of significant tissue damage, ATP is released from the intracellular space through the cell membrane through leakage or active ATP transporters into the cell interstitium. Consequently, this ATP activates, at lower concentrations, the P_2X_3 and/or P_2X_4 receptors and, at higher concentrations, the P_2X_7 receptors⁵⁵.

Multiple previous evidences have demonstrated that homomeric (P_2X_3 and P_2X_7) and heteromeric ($P_2X_{2/3}$) purinergic receptors modulate the pain response^{26,56}. In general, P_2X receptors res-

pond to noxious ATP release from the intracellular to the extracellular space, potentiating the pain response. However, during acupuncture, nociception can turn into antinociception, when, for example, P_2X_3 receptors are desensitized or the stimulation of P_2X_4 or P_2X_7 receptors causes the release of bioactive molecules from macrophages that can block the generation of action potentials in the terminals of dorsal root ganglion neurons⁵⁴. Additionally, the reverse analgesic effect of P_2X receptors related to acupuncture could be explained by impulses evoked in nerve fibers of the skin that connect with interneurons to inhibit neural pathways directed to higher pain centers in the CNS²⁵.

In animal models of neuropathic pain, the use of electroacupuncture at traditional ipsi or contralateral points (E36 or VB34 - Yanglingquan) causes a gradual and moderate reversal of neuropathy symptoms. The similar sensitivity for this response to ipsi and contralateral acupuncture techniques suggests that the treatment may act at medullary and supramedullary levels, rather than only at peripheral neuron terminals of the dorsal medulla ganglion⁵⁷. Through the induction of animal models of neuropathic pain, multiple methodologies have demonstrated that P_2X_3 receptors are present in significantly increased amounts in dorsal ganglion neurons, an effect partially reversed through the application of acupuncture techniques. Similar effects of acupuncture and electroacupuncture, inhibiting pain and proliferation of P_2X_3 receptors were observed in rodent models of diabetic neuropathy⁵⁸, in models of inflammatory pain through stimulation of acupuncture points such as E36 and Kunlun (B60)⁵⁹ and in an animal model of visceral pain⁶⁰. These findings indicate a fundamental role of P_2X_3 purinergic receptors in pain mechanisms and the capacity of acupuncture to effectively modulate the purinergic system, promoting significant analgesia in these scenarios.

The genes responsible for the synthesis of P_2X_4 and P_2X_7 receptors in humans are closely located on chromosome 12, indicating a close relationship in their origin and functions. Overlapping expression of these receptors has been documented, especially in peripheral macrophages and in microglia⁶¹. The reason for this co-expression may be the involvement of both receptors in multiple inflammatory processes. Considering that P_2X_4 receptors stimulate the release of BDNF from microglia and P_2X_7 receptors modulate the secretion of inflammatory cytokines, chemokines, proteases, reactive oxygen species from activated microglia and macrophages, several evidences indicate that these receptors are closely involved in innate immunology and in several kinds of endogenous reactions to pain, mainly in situations associated with an inflammatory component⁵⁴.

Within the context of the purinergic system and ATP receptors, previous evidence indicates that electroacupuncture performed at the Huantiao point (VB30) for 14 days had analgesic effects in an animal model of neuropathic pain and inhibited the increased expression of P_2X_4 receptors in the spinal cord⁶². Another study focused on visceral hypersensitivity after colorectal distention in rats, indicating that electroacupuncture at Shangjuxu (E37) and Tianshu (E25) points not only markedly reduced abdominal withdrawal reflex scores in rats with visceral hypersensitivity, but also significantly reduced the expression of P_2X_4 receptors present in the colon and spinal cord⁶³. These data suggest that

nerve injury induced in neuropathic pain models increases IFN- γ production, stimulating the synthesis and expression of P₂X₄ receptors specially in microglia, positively modulating neuronal activity in the pain pathways that ascend towards higher brain centers. Therefore, multiple pieces of evidence indicate that electroacupuncture appears to counteract this effect, and inhibition of P₂X₄ receptors appears to play a fundamental role in this process.

ATP levels and P₂X₇ receptor expression were positively regulated in the spinal cord in an animal model of pain associated with a cervical incision⁶⁴. Additionally, subarachnoid injection of a specific P₂X₇ receptor agonist (dibenzoyl-ATP - Bz-ATP) causes pain in animals⁶⁵. Previous evidences indicate that these events can be antagonized by acupuncture techniques, including electroacupuncture, applied to points such as Huantiao, Zusanli, Yanglingquan, and Dachangsu (B25)^{64,65}.

All of these results confirm that microglial P₂X₇ receptors present in the spinal cord are also involved in different pain modalities and that acupuncture and electroacupuncture may be able to relieve neuropathies, traumatic and visceral pain probably by decreasing the secretion of pro-inflammatory molecules from microglia.

There are few studies investigating the involvement of ATP- and ADP-sensitive P₂Y receptors in acupuncture-induced analgesia. Multiple evidences indicate that several P₂Y receptor subtypes (P₂Y₁, P₂Y₆, P₂Y₁₁, P₂Y₁₂, P₂Y₁₃) increase pain sensitivity, and their blockade by selective antagonists has analgesic effects^{28,66}. Electroacupuncture appears to inhibit visceral hypersensitivity caused by intracolonic injection of acetic acid as a model of irritable bowel syndrome⁶⁷. In that model, a selective P₂Y₁ receptor antagonist caused reduction in pain intensity. Electroacupuncture-induced analgesia simultaneously with the inhibition of astrocyte GFAP protein and P₂Y₁ receptor immunoreactivity led to the conclusion that electroacupuncture depresses visceral hypersensitivity by inhibiting P₂Y₁ receptors, an effect that appears to be mediated through the MAPK / ERK enzyme pathway in astrocytes. A strong argument for the participation of astrocytes and their P₂Y₁ receptors in acupuncture-mediated analgesia was provided by experiments that documented the blockade of their analgesic effects by subarachnoid infusion of fluorocitrate, an astrocyte-selective neurotoxin⁶⁷.

CONCLUSION

Recent experimental studies have been providing assertive evidence on the involvement of the purinergic system in the analgesia provided by acupuncture. ATP and its enzymatic degradation products such as adenosine can stimulate a variety of specific receptors, with significant findings for the purinergic P₂X₃, P₂X₄, P₂X₇ receptors and the adenosinergic A₁ receptor. It's important to note that the interactions of multiple systems in modulating the pain response make the investigation of the basic mechanisms of acupuncture extremely complex. Therefore, further experimental and clinical studies are essential for investigating the real role of the purinergic system in acupuncture-mediated analgesia.

AUTHORS' CONTRIBUTIONS

André Prato Schmidt

Data Collection, Conceptualization, Project Management, Methodology, Writing - Preparation of the original, Writing - Review and Editing, Supervision, Visualization

Sérgio Renato Guimarães Schmidt

Data Collection, Project Management, Writing - Preparation of the original, Writing - Review & Editing, Supervision

LIST OF ABBREVIATIONS

AC = adenylyl cyclase
 ADA = adenosine deaminase
 ADP = adenosine diphosphate
 Akt = protein kinase B
 AMP = adenosine monophosphate
 ATP = adenosine triphosphate
 B25 = Dachangsu
 B40 = Weizhong
 Bz-ATP = dibenzoyl-ATP
 cAMP = cyclic adenosine monophosphate
 CAR1-4 = G protein-linked cAMP receptors
 B60 = Kunlun
 BDNF = brain-derived neurotrophic factor
 CaMK = Ca+2/calmodulin-dependent protein kinase
 CCPA = 2-chloro-N6-cyclopentyl-adenosine
 CFA = complete Freund's adjuvant
 cGMP = cyclic guanosine monophosphate
 CPX = 8-cyclopentyl-1,3-dipropylxanthine
 CREB = cAMP response element-binding protein
 DG = diacylglycerol
 DNA = deoxyribonucleic acid
 E25 = Tianshu
 E36 = Zusanli
 E37 = Shangjuxu
 E-NTPDases = ecto-nucleoside triphosphate diphosphohydrolase
 ERK = extracellular synthalase-regulated kinase
 GABA = gamma-aminobutyric acid
 GDP = guanosine diphosphate
 GFAP = glial fibrillary fibrillary acidic protein
 GMP = guanosine monophosphate
 GSK = GS protein kinase
 GTP = guanosine triphosphate
 HGPRT = hypoxanthine-guanine-phosphoribosyltransferase
 HPLC = high performance liquid chromatography
 IFN- γ = interferon-gamma
 IP3 = inositol-trisphosphate
 MAPK = mitogen-activated protein kinase
 NMDA = N-methyl-D-aspartate
 PAP = prostatic acid phosphatase
 PD = ecto-phosphodiesterase
 PGs = prostaglandins
 PI-PLC = phosphatidylinositol-bisphosphate phosphodiesterase
 PKA = protein kinase A
 PKC = protein kinase C

PLA = phospholipase A

PNP = purine nucleoside phosphorylase

RhoK = Rho-associated protein kinase

RNA = ribonucleic acid

CNS = central nervous system

Src = Src tyrosine kinase

STAT3 = signal transducer and activator of type 3 transcription

TRPV2 = transient receptor potential vanilloid receptor

VB34 = Gallbladder 34 (Yanglingquan)

VB30 = Gallbladder 30 (Huantiao)

REFERENCES

- Yuan QL, Wang P, Liu L, Sun F, Cai YS, Wu WT, et al. Acupuncture for musculoskeletal pain: A meta-analysis and meta-regression of sham-controlled randomized clinical trials. *Sci Rep*. 2016;29:6:30675.
- Vickers AJ, Linde K. Acupuncture for chronic pain. *JAMA*. 2014;311(9):955-6.
- Zhang XC, Chen H, Xu WT, Song YY, Gu YH, Ni GX. Acupuncture therapy for fibromyalgia: a systematic review and meta-analysis of randomized controlled trials. *J Pain Res*. 2019;12:527-42.
- Vickers AJ, Cronin AM, Maschino AC, Lewith G, MacPherson H, Foster NE, et al. Acupuncture Trialists' Collaboration. Acupuncture for chronic pain: individual patient data meta-analysis. *Arch Intern Med*. 2012;172(19):1444-53.
- Puljak L. Can acupuncture help adults suffering from neuropathic pain? - A Cochrane review summary with commentary. *NeuroRehabilitation*. 2019;44(2):315-7.
- Wu MS, Chen KH, Chen IF, Huang SK, Tzeng PC, Yeh ML, et al. The efficacy of acupuncture in post-operative pain management: a systematic review and meta-analysis. *PLoS One*. 2016;11(3):e0150367.
- Burnstock G. Purine and pyrimidine receptors. *Cell Mol Life Sci*. 2007;64(12):1471-83.
- Burnstock G. Physiology and pathophysiology of purinergic neurotransmission. *Physiol Rev*. 2007;87(2):659-797.
- Barnstable CJ, Wei JY, Han MH. Modulation of synaptic function by cGMP and cGMP-gated cation channels. *Neurochem Int*. 2004;45(6):875-84.
- Zarrinmayeh H, Territo PR. Purinergic receptors of the central nervous system: biology, PET ligands, and their applications. *Mol Imaging*. 2020;19:1536012120927609.
- Sawynok J, Liu XJ. Adenosine in the spinal cord and periphery: release and regulation of pain. *Prog Neurobiol*. 2003;69(5):313-40.
- Schmidt AP, Lara DR, Souza DO. Proposal of a guanine-based purinergic system in the mammalian central nervous system. *Pharmacol Ther*. 2007;116(3):401-16.
- Bonafede M, Dick A, Noyes K, Klein JD, Brown T. The effect of acupuncture utilization on healthcare utilization. *Med Care*. 2008;46(1):41-8.
- Han JS. Acupuncture and endorphins. *Neurosci Lett*. 2004;361(1-3):258-61.
- Wang Y, Li W, Peng W, Zhou J, Liu Z. Acupuncture for postherpetic neuralgia: Systematic review and meta-analysis. *Medicine (Baltimore)*. 2018;97(34):e11986.
- He Y, Guo X, May BH, Zhang AL, Liu Y, Lu C, et al. Clinical evidence for association of acupuncture and acupuncture with improved cancer pain: a systematic review and meta-analysis. *JAMA Oncol*. 2020;6(2):271-8.
- Zhang Q, Yue J, Goliannu B, Sun Z, Lu Y. Updated systematic review and meta-analysis of acupuncture for chronic knee pain. *Acupunct Med*. 2017;35(6):392-403.
- Paley CA, Johnson MI, Tashani OA, Bagnall AM. Acupuncture for cancer pain in adults. *Cochrane Database Syst Rev*. 2015;2015(10):CD007753.
- Xiang Y, He JY, Tian HH, Cao BY, Li R. Evidence of efficacy of acupuncture in the management of low back pain: a systematic review and meta-analysis of randomised placebo- or sham-controlled trials. *Acupunct Med*. 2020;38(1):15-24.
- Huang C, Wang Y, Han JS, Wan Y. Characteristics of electroacupuncture-induced analgesia in mice: variation with strain, frequency, intensity and opioid involvement. *Brain Res*. 2002;945(1):20-5.
- Liang Y, Du JY, Fang JF, Fang RY, Zhou J, Shao XM, et al. Alleviating mechanical allodynia and modulating cellular immunity contribute to electroacupuncture's dual effect on bone cancer pain. *Integr Cancer Ther*. 2018;17(2):401-10.
- Li WM, Cui KM, Li N, Gu QB, Schwarz W, Ding GH, et al. Analgesic effect of electroacupuncture on complete Freund's adjuvant-induced inflammatory pain in mice: a model of antipain treatment by acupuncture in mice. *Jpn J Physiol*. 2005;55(6):339-44.
- Han JS. Acupuncture: neuropeptide release produced by electrical stimulation of different frequencies. *Trends Neurosci*. 2003;26(1):17-22.
- Zhao ZQ. Neural mechanism underlying acupuncture analgesia. *Prog Neurobiol*. 2008;85(4):355-75.
- Burnstock G. Acupuncture: a novel hypothesis for the involvement of purinergic signalling. *Med Hypotheses*. 2009;73(4):470-2.
- Zhang Y, Huang L, Kozlov SA, Rubini P, Tang Y, Illes P. Acupuncture alleviates acid- and purine-induced pain in rodents. *Br J Pharmacol*. 2020;177(1):77-92.
- He JR, Yu SG, Tang Y, Illes P. Purinergic signaling as a basis of acupuncture-induced analgesia. *Purinergic Signal*. 2020;16(3):297-304.
- Tang Y, Yin HY, Rubini P, Illes P. Acupuncture-induced analgesia: a neurobiological basis in purinergic signaling. *Neuroscientist*. 2016;22(6):563-78.
- Goldman N, Chen M, Fujita T, Xu Q, Peng W, Liu W, et al. Adenosine A1 receptors mediate local anti-nociceptive effects of acupuncture. *Nat Neurosci*. 2010;13(7):883-8.
- Dunwiddie TV, Masino SA. The role and regulation of adenosine in the central nervous system. *Annu Rev Neurosci*. 2001;24:31-55.
- Jarvis MF, Burgard EC, McGaraughty S, Honore P, Lynch K, Brennan TJ, et al. A-317491, a novel potent and selective non-nucleotide antagonist of P2X3 and P2X2/3 receptors, reduces chronic inflammatory and neuropathic pain in the rat. *Proc Natl Acad Sci U S A*. 2002;99(26):17179-84.
- Tsuda M, Shigemoto-Mogami Y, Koizumi S, Mizokoshi A, Kohsaka S, Salter MW, et al. P2X4 receptors induced in spinal microglia gate tactile allodynia after nerve injury. *Nature*. 2003;424(6950):778-83.
- Chessell IP, Hatcher JP, Bountra C, Michel AD, Hughes JP, Green P, et al. Disruption of the P2X7 purinoceptor gene abolishes chronic inflammatory and neuropathic pain. *Pain*. 2005;114(3):386-96.
- Xiao HS, Huang QH, Zhang FX, Bao L, Lu YJ, Guo C, et al. Identification of gene expression profile of dorsal root ganglion in the rat peripheral axotomy model of neuropathic pain. *Proc Natl Acad Sci U S A*. 2002;99(12):8360-5.
- Schmidt AP, Böhmer AE, Hansel G, Soares FA, Osés JP, Giordani AT, et al. Changes in purines concentration in the cerebrospinal fluid of pregnant women experiencing pain during active labor. *Neurochem Res*. 2015;40(11):2262-9.
- Schmidt AP, Böhmer AE, Soares FA, Posso IP, Machado SB, Mendes FF, et al. Changes in purines concentration in the cerebrospinal fluid of patients experiencing pain: a case-control study. *Neurosci Lett*. 2010;474(2):69-73.
- Schmidt AP, Böhmer AE, Schallenger C, Antunes C, Tavares RG, Wofchuk ST, et al. Mechanisms involved in the antinociception induced by systemic administration of guanosine in mice. *Br J Pharmacol*. 2010;159(6):1247-63.
- de Oliveira ED, Schallenger C, Böhmer AE, Hansel G, Fagundes AC, Milman M, et al. Mechanisms involved in the antinociception induced by spinal administration of inosine or guanine in mice. *Eur J Pharmacol*. 2016;772:71-82.
- Fagundes AC, Souza DO, Schmidt AP. Effects of allopurinol on pain and anxiety in fibromyalgia patients: a pilot study. *Braz J Anesthesiol. (English Edition)*, 2021; no prelo. doi.org/10.1016/j.bjane.2020.12.016.
- Shen D, Shen X, Schwarz W, Grygorczyk R, Wang L. P2Y13 and P2X7 receptors modulate mechanically induced adenosine triphosphate release from mast cells. *Exp Dermatol*. 2020;29(5):499-508.
- Cui X, Liu K, Xu D, Zhang Y, He X, Liu H, et al. Mast cell deficiency attenuates acupuncture analgesia for mechanical pain using c-kit gene mutant rats. *J Pain Res*. 2018;11:483-95.
- Yao W, Yang H, Yin N, Ding G. Mast cell-nerve cell interaction at acupoint: modeling mechanotransduction pathway induced by acupuncture. *Int J Biol Sci*. 2014;10(5):511-9.
- Goldman N, Chen M, Fujita T, Xu Q, Peng W, Liu W, et al. Adenosine A1 receptors mediate local anti-nociceptive effects of acupuncture. *Nat Neurosci*. 2010;13(7):883-8.
- Zimmermann H, Zebisch M, Sträter N. Cellular function and molecular structure of ecto-nucleotidases. *Purinergic Signal*. 2012;8(3):437-502.
- Zimmermann H. Prostatic acid phosphatase, a neglected ectonucleotidase. *Purinergic Signal*. 2009;5(3):273-5.
- Cunha RA, Sebastião AM. Extracellular metabolism of adenine nucleotides and adenosine in the innervated skeletal muscle of the frog. *Eur J Pharmacol*. 1991;197(1):83-92.
- Fredholm BB. Adenosine, an endogenous distress signal, modulates tissue damage and repair. *Cell Death Differ*. 2007;14(7):1315-23.
- Golembiowska K, White TD, Sawynok J. Modulation of adenosine release from rat spinal cord by adenosine deaminase and adenosine kinase inhibitors. *Brain Res*. 1995;699(2):315-20.
- Zhang D, Spielmann A, Wang L, Ding G, Huang F, Gu Q, et al. Mast-cell degranulation induced by physical stimuli involves the activation of transient-receptor-potential channel TRPV2. *Physiol Res*. 2012;61(1):113-24.
- Huang M, Wang X, Xing B, Yang H, Sa Z, Zhang D, et al. Critical roles of TRPV2 channels, histamine H1 and adenosine A1 receptors in the initiation of acupoint signals for acupuncture analgesia. *Sci Rep*. 2018;8(1):6523.
- Wei L, Mousawi F, Li D, Roger S, Li J, Yang X, Jiang LH. Adenosine triphosphate release and P2 receptor signaling in piezo1 channel-dependent mechanoregulation. *Front Pharmacol*. 2019;10:1304.
- Zylka MJ. Pain-relieving prospects for adenosine receptors and ectonucleotidases. *Trends Mol Med*. 2011;17(4):188-96.
- Hurt JK, Zylka MJ. PApupuncture has localized and long-lasting antinociceptive effects in mouse models of acute and chronic pain. *Mol Pain*. 2012;23:8:28.
- Chizh BA, Illes P. P2X receptors and nociception. *Pharmacol Rev*. 2001;53(4):553-68.
- Burnstock G. Purinergic mechanisms and pain. *Adv Pharmacol*. 2016;75:91-137.
- Tang Y, Yin HY, Liu J, Rubini P, Illes P. P2X receptors and acupuncture analgesia. *Brain Res Bull*. 2019;151:144-152.
- Tu WZ, Cheng RD, Cheng B, Lu J, Cao F, Lin HY, et al. Analgesic effect of electroacupuncture on chronic neuropathic pain mediated by P2X3 receptors in rat dorsal root ganglion neurons. *Neurochem Int*. 2012;60(4):379-86.
- Zhou YF, Ying XM, He XF, Shou SY, Wei JJ, Tai ZX, et al. Suppressing PKC-dependent membrane P2X3 receptor upregulation in dorsal root ganglia mediated electroacupuncture analgesia in rat painful diabetic neuropathy. *Purinergic Signal*. 2018;14(4):359-69.

59. Xiang X, Wang S, Shao F, Fang J, Xu Y, Wang W, et al. Electroacupuncture Stimulation Alleviates CFA-Induced Inflammatory Pain Via Suppressing P2X3 Expression. *Int J Mol Sci.* 2019;20(13):3248.
60. Weng Z, Wu L, Lu Y, Wang L, Tan L, Dong M, et al. Electroacupuncture diminishes P2X2 and P2X3 purinergic receptor expression in dorsal root ganglia of rats with visceral hypersensitivity. *Neural Regen Res.* 2013;8(9):802-8.
61. Suurväli J, Boudinot P, Kanelopoulos J, Rüütel Boudinot S. P2X4: A fast and sensitive purinergic receptor. *Biomed J.* 2017;40(5):245-56.
62. Chen XM, Xu J, Song JG, Zheng BJ, Wang XR. Electroacupuncture inhibits excessive interferon- γ evoked up-regulation of P2X4 receptor in spinal microglia in a CCI rat model for neuropathic pain. *Br J Anaesth.* 2015;114(1):150-7.
63. Guo X, Chen J, Lu Y, Wu L, Weng Z, Yang L, et al. Electroacupuncture at He-Mu points reduces P2X4 receptor expression in visceral hypersensitivity. *Neural Regen Res.* 2013;8(22):2069-77.
64. Gao YH, Li CW, Wang JY, Tan LH, Duanmu CL, Jing XH, et al. Effect of electroacupuncture on the cervicospinal P2X7 receptor/fractalkine/CX3CR1 signaling pathway in a rat neck-incision pain model. *Purinergic Signal.* 2017;13(2):215-25.
65. Xu J, Chen XM, Zheng BJ, Wang XR. Electroacupuncture relieves nerve injury-induced pain hypersensitivity via the inhibition of spinal P2X7 receptor-positive microglia. *Anesth Analg.* 2016;122(3):882-92.
66. Zhang X, Li G. P2Y receptors in neuropathic pain. *Pharmacol Biochem Behav.* 2019;186:172788.
67. Zhao J, Li H, Shi C, Yang T, Xu B. Electroacupuncture inhibits the activity of astrocytes in spinal cord in rats with visceral hypersensitivity by inhibiting P2Y1 receptor-mediated MAPK/ERK signaling pathway. *Evid Based Complement Alternat Med.* 2020;2020:4956179.

